

Co-Facilitator for Parents With Autistic Adults (18+) Peer Support Group

The Co-Facilitator for the peer support group online is a **<u>contract</u>** position with the Autism Society of Colorado.

Job Summary:

As a Co-Facilitator for Online Autism Support Groups, you will play an integral role in creating a welcoming and supportive virtual space for individuals and families affected by autism. Working alongside the lead facilitator, you will assist in organizing and leading online support group sessions, fostering a sense of community, providing guidance, and facilitating discussions to help participants navigate the challenges associated with autism spectrum disorders. Your collaborative efforts with the lead facilitator will help create a positive and nurturing online community, fostering emotional well-being and valuable connections among participants.

Primary Duties and Responsibilities:

- Work closely with the lead facilitator to plan and schedule online support group meetings. Act as lead facilitator if the lead facilitator is absent.
- Assist in managing the technical aspects of online meetings such as chats, including troubleshooting Zoom, being a co-host, and acting as co-facilitator.
- Stay updated on current autism-related research, therapies, and resources. Offer guidance on accessing services, therapies, and educational resources.
- Assist in moderating discussions, ensuring respectful communication, addressing conflicts, and maintaining reports, and records of attendance.
- Work with the lead facilitator to lead discussions on various autism-related topics. Share facilitation duties with the lead facilitator, taking turns leading sessions if necessary.
- Communicate and collaborate with ASC program manager for online groups.
- Create an inclusive and respectful atmosphere for all participants by fostering a sense of belonging and trust among group members.
- Encourage open and respectful communication and address conflicts to ensure an open space for all participants. Promote peer-to-peer support and networking.
- Attend **mandatory** ASC quarterly meetings and events (i.e. Annual Walk, Socials, Community Partner Events, etc.) throughout the year.

Requirements for the Position:

- 1. Must have a computer, able to utilize Zoom and Google Suite, and have consistent access to reliable internet.
- 2. Knowledge and understanding of autism spectrum disorders and available autism-related resources and services.
- 3. Experience in facilitating support groups, preferably online.
- 4. Strong communication and interpersonal skills.
- 5. Empathetic and patient with excellent active listening skills.
- 6. Ability to handle sensitive and emotional discussions with care. Sensitivity to cultural and individual differences.
- 7. Must support and follow all support group guidelines and procedures.
- 8. Can have a bachelor's degree in psychology, social work, counseling, or a related field/ a certification in counseling or related (optional but beneficial).