

Support Group Directory

Sibling Tree

Sibling Tree's mission is to support and empower siblings of individuals with special needs and provide them with the resources necessary to become effective self-advocates. Sibling Tree provides companionship, while instilling confidence.

Website: www.siblingtree.org

Contact: Sandra Tucker

Email: sandra@siblingtree.org

Phone: 720-840-3001

Address: 5940 W 59th Ave., Unit B
Arvada, CO 80003

Service Type: Sibling support groups

Geographic Region: North Denver Metro, Arvada, Wheat Ridge

Ages Accepted: 6 years old and up

Insurance Accepted: None / Memberships available with cost benefits.

Autism & Asperger Connections

Autism & Asperger Connections is a 501c3 non-profit organization linking families, individuals, and professionals in the Colorado Springs community to autism support, information, and resources.

Website: www.autismaspergerconnections.org

Email: info@autismaspergerconnections.org

Phone: 719-344-5619

Address: PO Box 15852
Colorado Springs, CO 80935

Service Type: Support groups

Geographic Region: Colorado Springs

Ages Accepted: Children through adults

Insurance Accepted: Groups are free to attend

Garden Autism Services of Colorado

Specializes in providing exceptional home, community and center based therapies. Our team of passionate and talented professionals are dedicated to supporting, empowering and advocating on behalf of your family.

Website: www.gardencolorado.org

Contact: Lauren Thome, M.Ed.

Email: [Through website form \(Click Here\)](#)

Phone: 720-427-4254

Address: 2546 W Main St #203
Littleton, Co 80122

Service Type: Respite care, in-home therapy, social skills groups, support groups

Geographic Region: Denver Metro

Ages Accepted: Children to adults

Insurance Accepted: Medicaid waivers / CES / SLS / Division of Vocational Rehabilitation / private pay

The Autism Society of Colorado does not endorse or promote any therapy, provider or method. The information we collect is for your convenience and any background or certification checks you require are your responsibility.

Center for Family & Couple Therapy

Provides social skills for people on the Autism Spectrum, social skills group for children or adults on the autism spectrum. Programs run 8 weeks for 1 hour a week.

Website: www.cfct.chhs.colostate.edu

Contact: Stephanie Seng, MS, LMFT (Director)

Email: cfct@colostate.edu

Phone: 970-491-5991 **Fax:** 970-491-2688

Address: 502 West Lake St, Suite 119
Fort Collins, Colorado 80523

Service Type: Individual and family therapy, social skills groups, peer relationships

Geographic Region: North Colorado, Fort Collins

Ages Accepted: Children through adults

Insurance Accepted: None (sessions cost \$20 - \$30)

ASD Men's Group

For adult men in their 20s and 30s who have a diagnosis of High Functioning Autism/Asperger's or a related history of social difficulties. The group will focus on friendship-building, dating and sexuality, social problem solving skills, understanding boundaries, developing independence and related issues.

Contact: Dr. Cason & Dr. Claire Dumke (Developers/Supervisors)

Email: [Through website form \(Click Here\)](#)

Phone: (303) 720-7868

Address: 899 Logan St., Suite 406
Denver, CO 80203

Service Type: Social skills groups, support groups

Geographic Region: Denver Metro

Ages Accepted: Adults

Insurance Accepted: None (sessions cost \$40 - \$50 with a 6 week commitment requested)

Parent to Parent Colorado (P2P)

"We are families who support each other on the journey of parenting our sons and daughters with special health care needs or disabilities."

Website: www.abilityconnectioncolorado.org

Email: infop2p@abilityconnectioncolorado.org

Phone: 877-472-7201

Address: 801 Yosemite Street
Denver, CO 80230

Service Type: Support groups, early childhood education, employment programs, skills development

Geographic Region: Denver Metro

Ages Accepted: All ages

Insurance Accepted: None

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Equinox Counseling and Wellness Center

Equinox provides extensive therapy and support options for ages 3-adulthood for people on the autism spectrum. Unique therapy components include school advocacy, in-home observation, wilderness therapy and family coaching.

Website: www.equinoxcounseling.com

Contact: Mary Marcantonio or Alex

Email: [Through website form \(Click Here\)](#)

Phone: 303-861-1916

Address: 2480 W 26th Ave, #330B
Denver, CO 80211

Service Type: In home therapy, adventure respite, social and life skills groups, family therapy

Geographic Region: Denver Metro

Ages Accepted: 3 years old and up, but specializes in teens and young adults

Insurance Accepted: Private pay / Itemized list for insurance submission available

Adult Cognitive Impairment Group

Our group meets twice a month, the 1st & 3rd Wednesday of each month from 6:30 to 8:30pm. It is a topic strategy based group to help with focus, impulsive, social skills, organization and so much more. This is not a drop in group and must be screened to see if you are a good fit.

Address: 7009 South Potomac Street, Suite 102
Centennial, Colorado 80112

Geographic Region: South Denver Metro, Centennial

Ages Accepted: Adults

Insurance: None (session cost \$80+)

Support Group on Coping Skills for Parents of Children with Autism

Contact: Tracy Weegmann

Email: [Through website form \(Click Here\)](#)

Phone: 720-876-1533

Support Group on Behavioral and Relationship Issues for Parents of Children with Autism

Contact: Angie Hamp

Email: [Through website form \(Click Here\)](#)

Phone: 720-606-4529

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