

SWIMMING LESSONS

SafeSplash Swim School

Beth Faulkner - Special Needs Coordinator

303-799-1885

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www.safesplash.com/

All Ages

Certified instructors experienced in ASD, DS, CP, and sensory integration disorders.

WARM WATER THERAPY POOL

Easter Seals

5755 W Alameda Ave.

Lakewood, CO 80226

303-233-1666

<http://co.easterseals.com/>

http://co.easterseals.com/site/PageServer?pagename=CODR_WarmWaterTherapyPool

Benefits to warm water therapy pool include:

Decrease pain, Improve and maintain fitness, Increase joint mobility and muscle flexibility, Improve endurance and tolerance to activity, Improve muscle strength and tone, Improve circulation and respiration, Simply relax, unwind and foster social interaction leading to better mental health

Watsu sessions also available.

The Autism Society of Colorado does not endorse or promote any therapy, provider or method. The information we collect is for your convenience and any background or certification checks you require are your responsibility.